

Is mise
NiNá



NATIONAL AMBULANCE SERVICE

ACTIVITY

BOOK



WHO ARE WE?

The National Ambulance Service (NAS) provides emergency care for people who are sick or hurt all over Ireland. More than 2,500 people work with us to respond to almost 400,000 emergency calls every year.

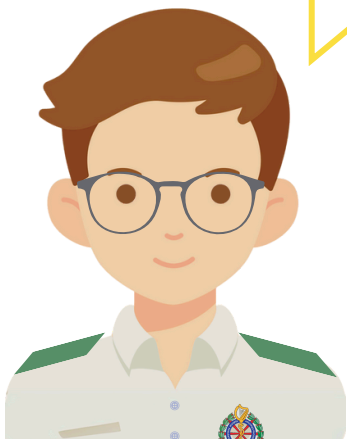


I'm an Emergency Call Taker.
I answer the phone when you call in an emergency. I'll ask you what your name is, what's happened and where you are.

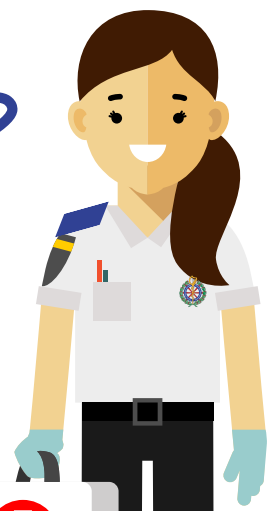
I'm a Dispatcher.
I figure out which ambulances are closest and send them to people who need help.



I'm an Emergency Medical Technician (EMT).
I work with the paramedics at the scene, transport patients between hospitals and go to less urgent calls.



I'm a Paramedic.
I arrive in the ambulance to take care of people when they are hurt or sick and bring them to hospital.



WHERE SHOULD YOU GO?

If you or someone else is hurt or feeling sick, it's important to know where you can get help.



Aoife has an earache and feels ill.



Get the first aid kit



Shane fell and grazed his knee at school.



Go with an adult to the injury unit or hospital.



Jonah has a sore throat today.



An adult will bring you to see the doctor.



Ellie fell off the slide and hurt her arm yesterday but it's still really sore.



An adult will go to the pharmacy to get medicine.

Help these children decide where to go for help.

HOW DO YOU CALL AN AMBULANCE?

You can call an ambulance in an emergency, like if someone is very sick or hurt and you are very worried about them.

Ask yourself 3 questions:

1. Are they awake?
2. Are they breathing normally?
3. Can they stand up?

If the answer is 'no', call as soon as you can.

The number to call is:

0 0 0

The call-taker will answer the phone quickly and help you.



**DONT
FORGET**



- Stay calm.
- Speak clearly and loudly.
- Listen carefully.
- Stay on the phone until you are told you can hang up.

WHAT DO YOU NEED TO KNOW?

There are some things that can make it easier for the ambulance to find you in an emergency, like knowing where you live.

MY FULL NAME IS

MY ADDRESS IS

EIRCODE:

--	--	--	--	--	--	--	--

Fill in the boxes and draw a picture of your house -
don't forget to colour in your front door!

SHOULD YOU CALL 999?

You should always call an ambulance in an emergency, but sometimes it's hard to know what counts as an emergency.

Circle the right answer

Oisín can't find his teddy for bedtime and he's very sad. He thinks he left Teddy at the shop earlier.

Should Oisín call 999?



Answer: No, Oisín should tell his mom or dad and they can help.

Emma's Grandad has a sore chest. He can't breathe normally and he feels dizzy.

Should Emma call 999?



Answer: Yes, she should call 999. Emma's Grandad needs a check up to make sure his heart is healthy. Emma should call 999 and tell the person on the phone how her Grandad is feeling.

Liam's baby sister has eaten some tablets. Liam's parents are not at home. His sister seems ok but Liam is worried.

Should Liam call 999?



Answer: Yes, he should call 999 even if his sister seems ok. The tablets could make Liam's sister sick. Liam should call 999 and tell the person on the phone what has happened.

Grace's friend Éabha has fallen over. She is awake and breathing normally but her knee is cut and it hurts.

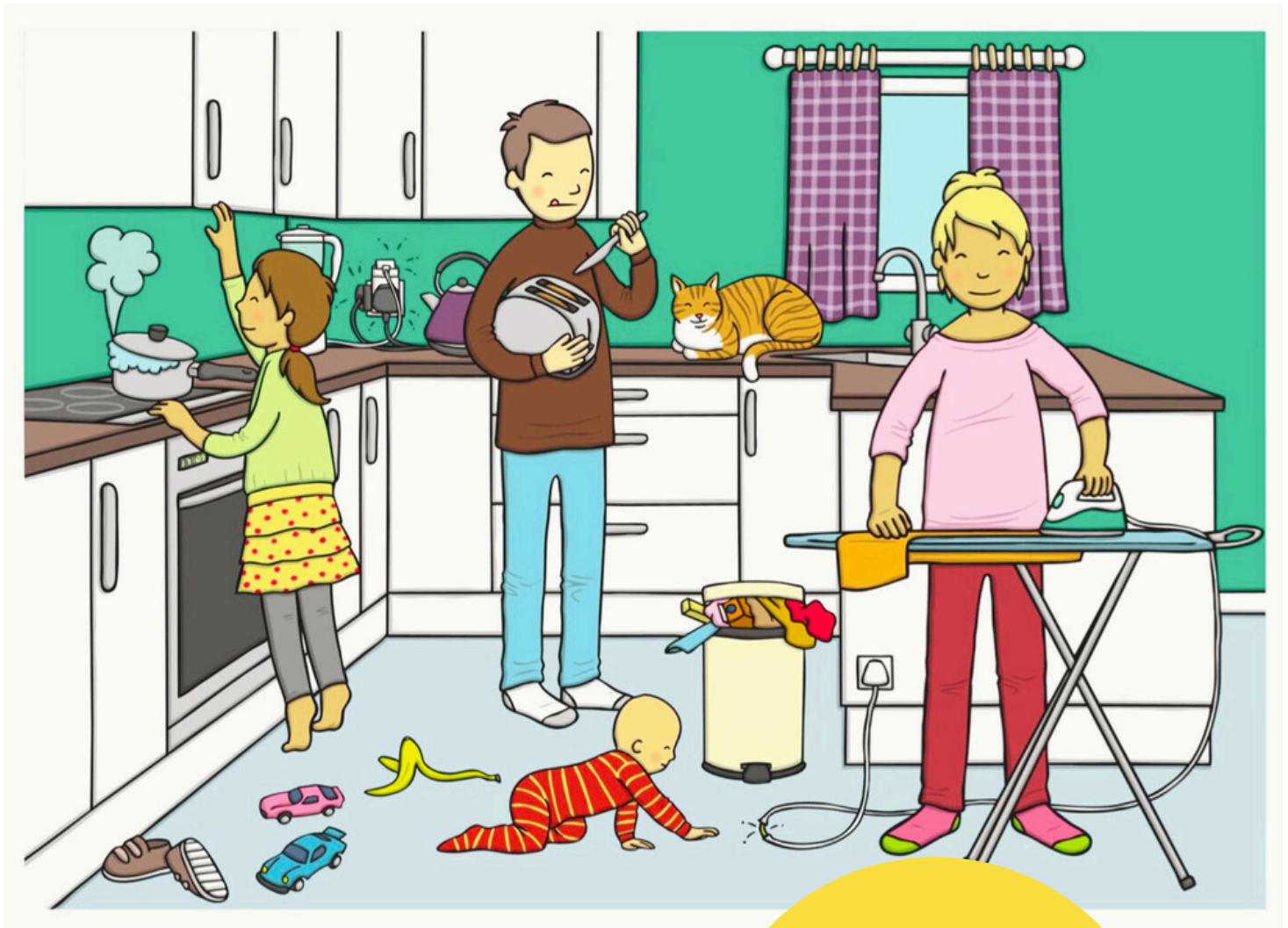
Should Grace call 999?



Answer: No, Grace should find an adult to help her.

HOW CAN YOU STAY SAFE?

We can't protect ourselves from every illness but we can do our best to stay safe by being aware of the hazards and dangers around us.



⚠️ Spot the hazards! ⚠️

How you could make this kitchen safer?

Can you spot any dangers in your classroom or at home?

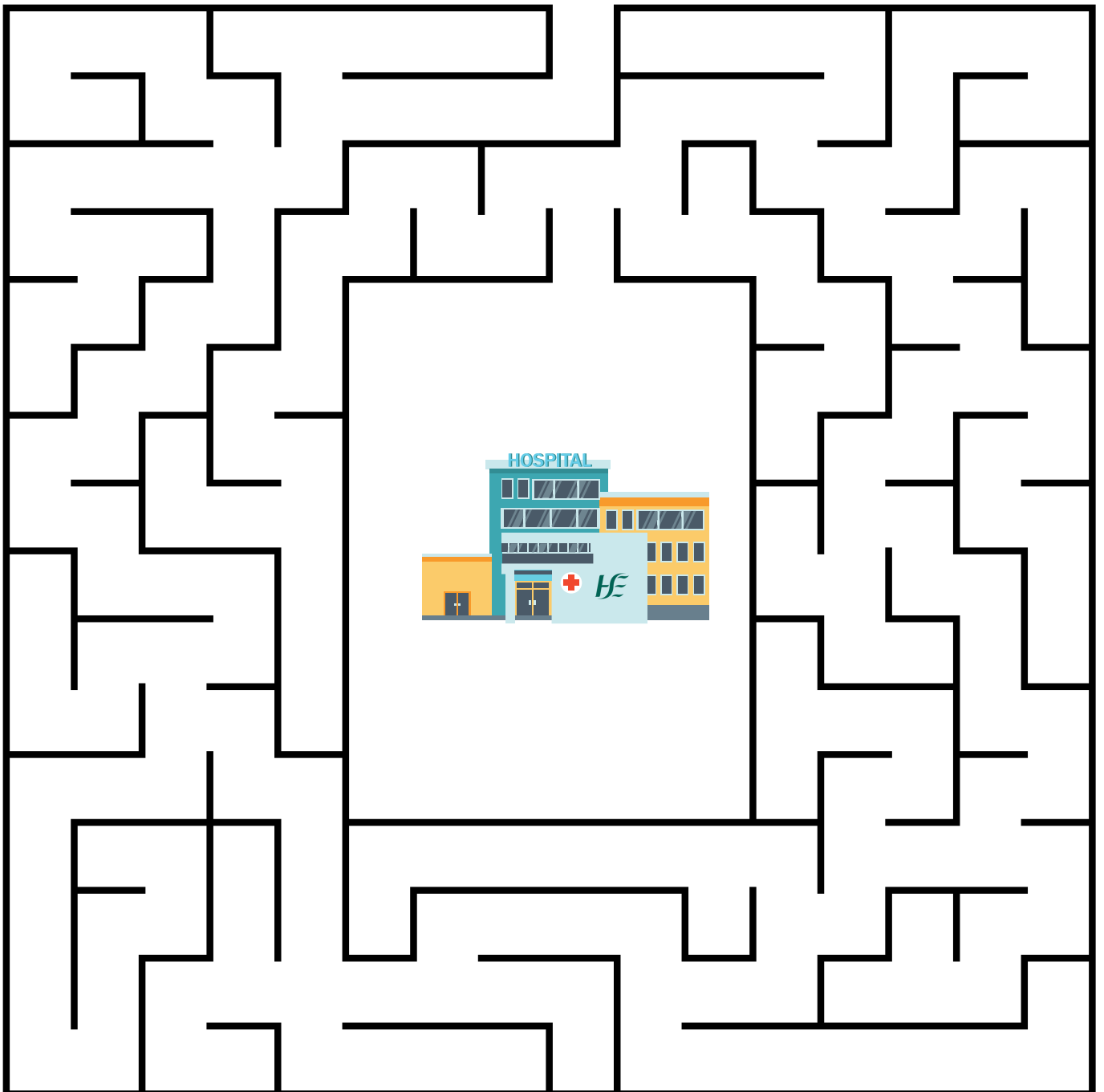
Most accidents involving children happen at home.

70%



WE'RE ON THE WAY!

Help Ní Ná take the right path to the hospital.



TAKE TO THE SKIES!

Did you know we don't just have ambulances on the road, but in the sky too?

Name the parts of the helicopter

Our Air Ambulances are often used to get to emergencies in hard to reach places.

R _ _ _ _ B _ _ d _ _



C _ _ _ _ _

T _ _ _ R _ _ _ _

L _ _ _ _ _ S _ _ _ _

I'm a HEMS paramedic!

FUN FACT!
a helicopter can fly straight up and down, sideways, or backward. It can also spin around or hover in the air.

WHAT A WORD!

Find all 8 ambulance related words in the word search below.

p p s v z u t i l u h w t t h
t r z w u q p v a y o p i s x
u y x t l q r h u b s c b x e
d i s p a t c h e r p c y x m
m y l c j r a s h y i e h i e
x a r b g z c m e u t m s f r
p h h z u q d k b n a h a a g
a q g a c f a q f u l a d o e
r c h u q e r f h a l z t j n
a m t y k q j f t h h a p i c
m c a l l t a k e r h r n y y
e o t k v r o x d m m d m c w
d g h e l i c o p t e r n v e
i g z c f r w j u m a d r p e
c x v r q p z e h c y v w m b

Ambulance

Dispatcher

Hospital

Hazard

Paramedic

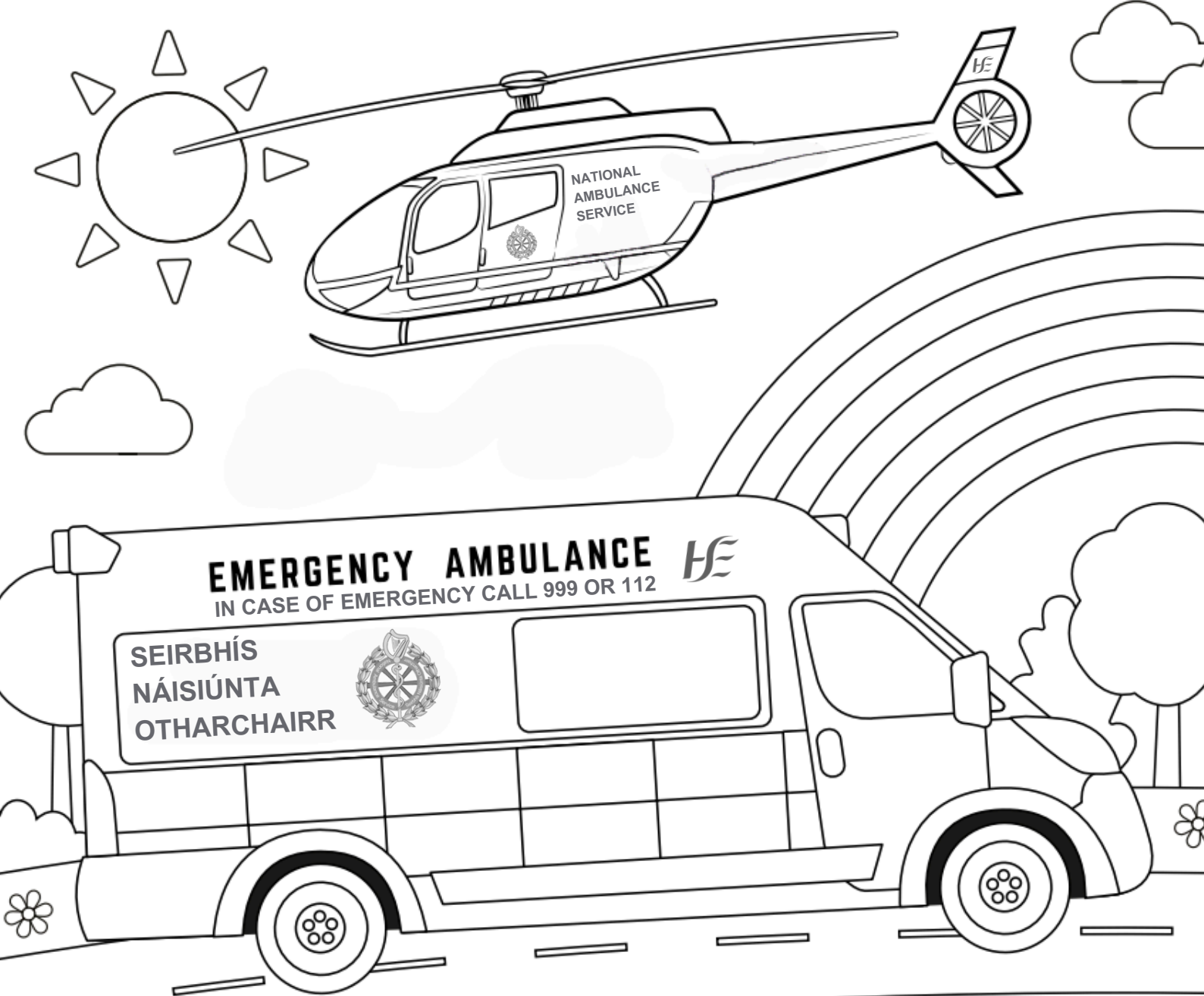
Helicopter

Emergency

Call taker

Do you know what every
word means?





When I grow up I want to be a



We'd love to see your art!
Ask an adult to send us a picture.

JOKE TIME!

Think you're funnier? Send us your jokes!

What did the witch say to the paramedic?
I had a dizzy spell.

Where's the worst place to hide in a hospital?
The ICU.

Why are 999 Call Takers always calm?
They have a lot of patients!

Check your answers!

The number to call in an emergency is 999 or 112

Where to go:

- Aoife - Doctor
- Shane - First Aid
- Jonah - Pharmacy
- Ellie - Hospital

Helicopter parts:

- Rotor Blades
- Cockpit
- Landing Skids
- Tail Rotor

