



Memorandum

To: All NAS Staff
From: Mr Martin Dunne, Director, NAS
Dr Cathal O'Donnell, Medical Director, NAS

NAS announces the launch of the One Life Project

The ONE LIFE Project is an initiative undertaken by the National Ambulance Service (NAS) with the clear aim of increasing out of hospital cardiac arrest (OHCA) survival rates in Ireland.

The objectives of this initiative are to focus on improving how OHCA are recognised, treated and measured, hence improving survival rates from out of hospital cardiac arrest in this state.

This project also further enhances the services commitment to be at the forefront of innovation and continuous improvement in patient focused prehospital care.

The project relies on the continuous delivery of best practices at a number of critical levels:

- National Ambulance Service Community Interaction and Public Education.
- Call taking, telephone assistance, and dispatch of resources by staff within the NAS National Emergency Operations Centre.
- Quality of care delivered by emergency medical services on the scene and a coordinated approach to the provision of post-arrest care.
- Ensuring the correlation of quality data and improving feedback to all key stakeholders.

Each element above focuses on streamlining our service delivery to the OHCA patient and therefore improving outcomes. Every person in this chain, plays a significant role in supporting this project regardless of clinical level or grade, commencing with, the initial call for help, followed by the support of CFR Programs, the delivery of care at scene, the completion of Cardiac Arrest Data and the continuing support of local training and reflective practice

To further assist in the information surrounding this initiative the Medical Directorate will be releasing documentation and videos to support NAS staff to include current research updates, clinical support material and quarterly feedback on our performance in the care of the OHCA patient.

Please follow the links provided below to view the One Life Summary Document and attached Videos.

www.hse.ie/nas/onelife

Once again the aim of this initiative is to ensure that more members of our communities survive an out of hospital cardiac arrest and return to their families and community.

We look forward to your continued co-operation and support for this important project in 2015.

February 24th 2015